



Welcome to Estia Health Dalmeny, our aged care home located on the New South Wales south coast

Estia Health Dalmeny offers stunning ocean views and a coastal lifestyle and is located close to public transport, nearby shops and a golf course.

The experienced clinicians, carers and hospitality teams look after all aspects of a resident's care including **clinical**, social and overall wellbeing and offer offer **dementia** and **palliative care** services, including a specific palliative care room, which can be accessed as **short-term respite care** or for a **longer stay**. The home has a Memory Support Unit with courtyards and gardens to provide a safe and supportive environment for residents requiring additional support. Our chef and his team cook **nutritious meals** fresh daily, based on residents' preferences.

Residents enjoy ocean views from the light-filled lounges and make the most of the home's features including a hairdressing salon and games room. There are a number of outdoor areas to enjoy, including courtyards with water features, raised garden beds and a communal alfresco dining area. Regular activities are tailored to residents' preferences and include weekly bus trips, a walking and gardening group.





Care services

- Emergency care
- Short-term respite care
- Long-term care
- Dementia care
- Palliative care

Home features

- Private dining room
- Library
- Memory support unit with garden
- Memory Support Unit with courtyard
- Hairdressing salon
- Beauty room
- Games/concert room
- Garden with sensory features/planting
- Landscaped courtyard
- Landscaped garden
- BBQ Area
- Communal alfresco dining with shade/cover
- Raised garden beds, planters or pods
- Sea views
- Onsite visitor parking

Location



“I came down to visit Irene, along with two of her sisters and we were all extremely impressed with the friendliness shown to us by the team. The whole atmosphere was so pleasant and warming – unlike many other aged care homes.”

Friend ,

Room information

Single room

Refundable deposit: \$645,000
Or daily payment: \$140.66



Single room



Private ensuite



22-24 sqm



Air con.

This single room offers a comfortable and private space to call your own, with a private ensuite bathroom, soft furnishings, and the ability to add your own personal touches.

Single Room

Refundable deposit: \$600,000
Or daily payment: \$130.85



Single room



Shared bathroom



22-24 sqm

This single room offers a comfortable and private space to call your own, with access to a conveniently located bathroom. The room includes soft furnishings, which you can personalise with your own home touches to create a warm and welcoming environment.

Single room

Refundable deposit: \$595,000
Or daily payment: \$129.76



Single room



Shared bathroom



18-20 sqm

This single room offers a comfortable and private space to call your own, with a private ensuite. The room includes soft furnishings, which you can personalise with your own home touches to create a warm and welcoming environment.

Companion room

Refundable deposit: \$450,000
Or daily payment: \$98.14



Companion room



Private ensuite



24 sqm

Ideal for couples or those who prefer the company of others, companion rooms are spacious, light filled and comfortable, with a private ensuite bathroom. The room includes soft furnishings, which you can personalise with your own home touches to create a warm and welcoming environment.

Enriching and celebrating life together

Estia Health Dalmeny
25-29 Noble Parade, Dalmeny, NSW, 2546
Existing Resident enquiries: 02 4476 8744
New Admission Enquiries: 1300 682 833

Some residents may be eligible for full or part subsidy of the accommodation fees. Please contact our Customer Enquiry Centre on 1300 682 833 to learn more.

Estia Health makes every effort to ensure that information is correct at the time of publishing. This brochure was prepared on 17/05/2026. Room images shown are for illustrative purposes only and may not be an exact representation of the room. Refundable deposit and daily payment pricing apply to each individual.