



Welcome to Estia Health Kensington Gardens, our aged care home located in the eastern suburbs of Adelaide, South Australia

Estia Health Kensington Gardens is an elegant double-story traditional home, perfectly positioned minutes from 'The Parade' shopping centre and café precinct, cinema and public transport. The home sits among relaxing gardens with shaded courtyards and outdoor entertaining areas for residents and visitors to enjoy.

The experienced clinicians, carers and hospitality teams look after all aspects of a resident's care including **clinical**, social and overall wellbeing and offer **dementia** and **palliative care** services, which can be accessed for **short-term respite care** or a **longer stay**. The home has a Memory Support Unit to provide a safe environment for residents requiring additional support. The home has single rooms with ensuite, some opening towards the courtyard and others with views to Kensington Gardens Reserve. The **activities** program is full and varied, and residents enjoy a calendar of cultural events as well as a worship program, with residents regularly joined by young visitors from kindergartens and school children taking part in activities or enjoying a chat with their new friends over high tea.





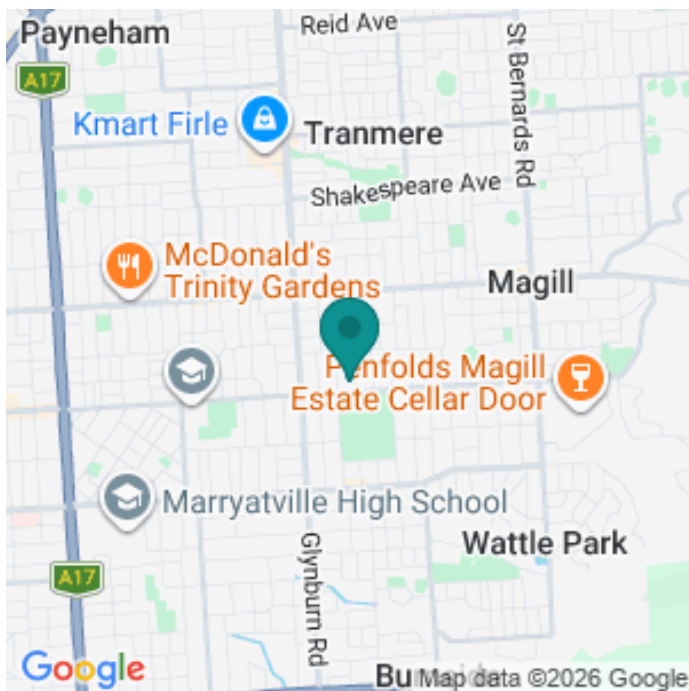
Care services

- Emergency care
- Short-term respite care
- Long-term care
- Dementia care
- Palliative care

Home features

- Cafe
- Private dining room
- Tea/coffee making facilities
- Memory support unit with garden
- Hairdressing salon
- Landscaped courtyard
- Landscaped garden
- BBQ Area
- Outdoor entertaining areas

Location



“Mum has been so fortunate to have been cared by such beautiful people in her last three years. Thank you to the Estia Health team, we will be eternally grateful for your love and all you did for mum.”

Family,

Room information

Single room

Refundable deposit: \$758,000

Or daily payment: \$165.31



Single room



Private ensuite



16 sqm



Air con.

This single room offers a comfortable and private space to call your own, with a private ensuite bathroom, soft furnishings, and the ability to add your own personal touches.

Enriching and celebrating life together

Estia Health Kensington Gardens
421 The Parade, Kensington Gardens, SA, 5068
Existing Resident enquiries: 08 8331 8098
New Admission Enquiries: 1300 682 833

Some residents may be eligible for full or part subsidy of the accommodation fees. Please contact our Customer Enquiry Centre on 1300 682 833 to learn more.

Estia Health makes every effort to ensure that information is correct at the time of publishing. This brochure was prepared on 26/04/2026. Room images shown are for illustrative purposes only and may not be an exact representation of the room. Refundable deposit and daily payment pricing apply to each individual.